

Sandhills Children's Center-Rockingham Campus June 2018 Menu

DATE	BREAKFAST	LUNCH	SNACKS
Friday June 1, 2018	Whole grain cheerios, bananas, milk	Turkey Hot dogs, baked beans, bananas, whole wheat bread, milk	Cheddar cheese sticks, wheat crackers, water
Monday June 4, 2018	Scramble egg patty, whole wheat bread, mixed fruit, milk	Cheese Pizza, green peas, mixed fruit, milk	Slice oranges whole grain oyster crackers, water
Tuesday June 5, 2018	Honey kix cereal, slice oranges, milk	Seasoned meat balls, green beans, diced potatoes, sliced oranges, whole wheat bread, milk	Strawberry chex mix, blueberry yogurt, water
Wednesday June 6, 2018	Grits/ butter, slice apples, milk	Beef stew, noodles/ mixed vegetables, slice apples, corn bread, milk	Corn tortilla chips, flavored humus, water
Thursday June 7, 2018	Whole wheat english muffins/ grape jam/apple sauce, milk	Mini chicken patties, yams, apple sauce ,whole wheat bread, milk	Pimento cheese, saltine crackers, water
Friday June 8, 2018	Plain corn flakes, Bananas, milk	Mini hamburgers on buns, field peas, bananas, milk	Cheez-it crackers, dried cranberries, water
Monday June 11, 2018	Closed	Closed	Closed
Tuesday June 12, 2018	Rice crispy cereal, apple sauce, milk	Mini corn dogs, lima beans, apple sauce, whole wheat bread, milk	Slice turkey, ritz crackers, water
Wednesday June 13, 2018	Turkey sausage, whole wheat bread, slice oranges, milk	Chicken alfredo wheat noodles, green peas, slice oranges whole wheat bread milk	Peanut butter cups, celery sticks, water
Thursday June 14, 2018	Blueberry muffins, mixed fruit, milk	Tuna Fish on whole wheat bread sandwich, peas-carrots, , mixed fruit , milk	Rice chex mix snack, slice apples, water
Friday June 15, 2018	Biscuit/ apple butter, cantaloupe, milk	BBQ chicken tenders, potato salad, cantaloupe, whole wheat crackers, milk	Ritz bit cheese crackers, slice peaches, water
Monday June 18, 2018	Blueberry bagels, flavored cream cheese, applesauce, milk	Chicken dumpling, green beans, apple sauce, whole wheat bread, milk	Cheddar cheese, stick, goldfish Pretzels, water
Tuesday June 19, 2018	Hash browns, whole wheat bread, bananas, milk	Cream corn soup chicken, bananas, ritz crackers, milk	Baby carrots, cucumber/ ranch dressing, ritz bits cheese crackers, water
Wednesday June 20, 2018	Whole grain cheerios, mixed fruit, milk	Mac-cheese/ground turkey, lima beans corn, mixed fruit, whole wheat bread, milk	Whole wheat baked veggie sticks 100%, apple juice
Thursday June 21, 2018	Cheese toast on whole wheat bread, slice oranges, milk	Fish patties, slice carrots, slice oranges, whole wheat bread, milk	Peanut butter sandwich crackers, tropical mixed fruit, water
Friday June 22, 2018	Rice crispy cereal, slice apples, milk	Slice turkey on whole wheat bread sandwiches, baked fries, slice apples, milk	Tortilla chips, flavored hummus, water
Monday June 25, 2018	Rice chex cereal, slice oranges, milk	Pepperoni cheese pizza, corn/peas, slice oranges,milk	Sun Veggie chips, raisins, water
Tuesday June 26, 2018	Oatmeal/ Brown sugar, slice cantaloupe,milk	Tomato meatloaf, cream potatoes, slice cantaloupe, whole wheat bread, milk	Graham crackers, peanut butter cups, water
Wednesday June 27, 2018	Whole wheat toasted raisin bread/ grape jam, slice apples, milk	Grilled chicken breast, black eye peas, slice apples, milk	Plain cheerios, flavored yogurt, water
Thursday June 28, 2018	Whole grain cheerios, mixed fruit, milk	Mixed vegetable soup/ ground turkey, mixed fruit ,whole wheat crackers, milk	Ritz bit peanut butter crackers, dried cranberries, water
Friday June 29, 2018	Whole wheat bread toasted, peanut butter, bananas, milk	Chicken nuuggets, field peas, bananas, whole wheat bread, milk	Cheese goldfish, slice turkey, water

Water is given throughout the day. Snacks are provided in the afternoon. Menus may vary depending on availability of food and are subject to change. Menus are modified to accommodate children with special diets.