

Sandhills Children's Center-Southern Pines Campus June 2018 Menu

DATE	BREAKFAST	LUNCH	SNACKS
Friday June 1, 2018	CHEESE TOAST PEACH SLICES MILK	CHEESE PIZZA ON WHOLE WHEAT CRUST, GREEN BEANS, FRESH ORANGE SLICES, MILK	CHEEZ-IT SNACK CRACKERS BANANAS
Monday June 4, 2018	WHOLE WHEAT CINNAMON RAISIN BAGELS PINEAPPLE TIDBITS MILK	CHEESY CHILI SOUP W/WHOLE WHEAT PASTA, CRACKERS, PINEAPPLE TIDBITS MILK	CINNAMON MINI RICE CAKES W/APPLE BUTTER APPLES
Tuesday June 5, 2018	WHOLE GRAIN BLUEBERRY WAFFLE STICKS STRAWBERRY PUREE FRESH ORANGE SLICES MILK	CHICKEN AND PASTA SALAD, TOMATOES, ROASTED SQUASH, SLICED HONEYDEW MILK	GOLDFISH PRETZELS HONEYDEW
Wednesday June 6, 2018	WHOLE GRAIN CHEERIO CEREAL BANANAS MILK	BAKED BEANS W/DICED TURKEY HOT DOGS SWEET CORN, BANANAS, WHOLE WHEAT BREAD MILK	WHOLE GRAIN GRAHAM CRACKERS ORANGES
Thursday June 7, 2018	WHOLE WHEAT CINNAMON ROLLS SLICED HONEYDEW MILK	HAM & CHEESE SANDWICH ON WHOLE WHEAT BREAD, SWEET CORN, FRESH SLICED CANTALOUPE MILK	WHOLE GRAIN CLUB CRACKERS W/CHEESE DIP
Friday June 8, 2018	WHOLE GRAIN BLUEBERRY WAFFLE STICKS STRAWBERRY PUREE FRESH ORANGE SLICES MILK	TACOS W/ GROUND CHICKEN, LETTUCE, TOMATOES, CHEESE TOPPINGS, WHOLE CORN, APPLE SLICES MILK	BLUEBERRY YOGURT BANANAS
Monday June 11, 2018	CLOSED	CLOSED	CLOSED
Tuesday June 12, 2018	WHOLE GRAIN CINNAMON TOAST CEREAL SLICED PEACHES MILK	ALL WHITE MEAT CHICKEN NUGGETS, PEAS & CARROTS, WHOLE WHEAT ROLLS, FRESH APPLE SLICES MILK	WH. GRAIN STRAWBERRY YOGURT FILLED CHEX SNACK MIX CANTALOUPE
Wednesday June 13, 2018	WH-WH-CINNAMON RAISIN BREAD W/ HOMEMADE STRAWBERRY SPREAD FRESH CANTALOUPE MILK	HOMEMADE TUNA SALAD, RITZ CRACKERS, CUCUMBER SLICES WITH HOMEMADE RANCH DRESSING, DICED PINEAPPLES MILK	GOLDFISH CHEESE CRACKERS BANANAS
Thursday June 14, 2018	HASHBROWNS W/ TURKEY SAUSAGE PATTIES ORANGE SLICES WH-WHEAT BREAD APPLES MILK	BBQ PULLED CHICKEN ON WHOLE WHEAT BUNS, BAKED BEANS, SWEET PICKLES, FRESH SLICED CANTALOUPE MILK	WHOLE WHEAT BAKED VEGGIE STICKS CANTALOUPE
Friday June 15, 2018	WHOLE WHEAT ENGLISH MUFFIN W/ HAM & CHEESE MIXED FRUIT MILK	HAMBURGER ON WHOLE WHEAT BUN, BAKED FRENCH FRIES, PICKLES, FRESH ORANGE SLICES MILK	CUBED CHEDDAR CHEESE APPLE SLICES
Monday June 18, 2018	WHOLE GRAIN RICE CHEX CEREAL APPLES MILK	FISH STICKS, BAKED BEANS, HUSH PUPPIES, MANDARIN ORANGES MILK	WHOLE GRAIN CHEX CHEDDAR SNACK MIX ORANGES
Tuesday June 19, 2018	BUTTERED GRITS TOASTED WHEAT BREAD BANANAS MILK	BAKED COD, FRESH SQUASH RIBBONS, SWEET PICKLES, HUSH PUPPIES MILK	FRESHLY MADE SPINACH DIP CLUB CRACKERS APPLES
Wednesday June 20, 2018	WH-WHEAT BISCUITS W/BLUEBERRY CREAM CHEESE SPREAD BANANAS MILK	SHEPHERD'S PIE W/ GROUND TURKEY, GREEN BEANS, CARROTS, PEAS, MASHED POTATOES, WHOLE WHEAT ROLLS, BANANAS MILK	WHOLE GRAIN RICH BREAD STICKS PIZZA DIP SAUCE CANTALOUPE
Thursday June 21, 2018	HOMEMADE WHEAT PANCAKES W/ HOMEMADE FRUIT TOPPING PINEAPPLE MILK	BAKED CHICKEN BREAST W/BACON, AVOCADO, TOMATO SALAD, WHOLE WHEAT BREAD STICKS MILK	WHOLE GRAIN TOMATO & BASIL SUN CHIPS PEACHES
Friday 22, 2018	WH. WHEAT CINNAMON SWIRL FRENCH TOAST W/ STRAWBERRY PUREE FRESH CANTALOUPE MILK	TURKEY HOT DOGS ON WHOLE WHEAT BUNS, TATER TOTS, APPLES MILK	WHOLE GRAIN PLAIN CHEX SNACK MIX ORANGES
Monday 25, 2018	WHOLE GRAIN SPECIAL K-CEREAL APPLESAUCE MILK	BBQ CHICKEN SANDWICHES ON WHOLE WHEAT BUNS, TATOR TOTS, SWEET PICKLES, APPLES MILK	MOZZERALLA CHEESE STICKS CANTALOUPE
Tuesday 26, 2018	WHOLE WHEAT FRENCH TOAST W/APPLE BUTTER PEACH SLICES MILK	MEAT AND VEGGIE TRAY W/TURKEY, HAM, AND MARINATED VEGGIES, WHOLE WHEAT CRACKERS, FRESH SLICED HONEYDEW MILK	WHOLE GRAIN CHOW MEIN NOODLES PINEAPPLE TIDBITS
Wednesday 27, 2018	WHOLE GRAIN CORN KIX CEREAL DICED PINEAPPLE MILK	BAKED MAC AND CHEESE W/ ITALIAN SAUSAGE, TOMATOES, GREEN PEAS, WHOLE WHEAT BREAD, SLICED PEACHES MILK	FRESHLY MADE SPINACH DIP CLUB CRACKERS APPLES
Thursday 28, 2018	BISCUITS W /APPLE BUTTER FRESH HONEYDEW MILK	TURKEY SANDWICH ON WHOLE WHEAT BREAD, FIELD PEAS, DICED PINEAPPLE TIDBITS MILK	MIXED APPLE FRUIT SALAD W/ RAISINS WHOLE WHEAT CINNAMOM BREAD STICKS
Friday 29, 2018	PLAIN WHOLE WHEAT CINNAMON ROLLS BANANAS MILK	HOMEMADE SLOPPY JOE SANDWICHES ON WHOLE WHEAT BUNS, BAKED BEANS, BANANAS MILK	BAKED GREEN BEAN STICKS RANCH DIP BANANAS

Water is given throughout the day. Snacks are provided in the afternoon. Menus may vary depending on availability of food and are subject to change. Menus are modified to accommodate children with special diets.