

**Sandhills Children's Center-Southern Pines Campus June 2018 Menu**

DATE	BREAKFAST	LUNCH	SNACKS
Monday, July 2	WH-WHEAT CINNAMON RAISIN BREAD W/ HOMEMADE STRAWBERRY SPREAD PINEAPPLE AND MILK	CHICKEN STIR FRY W/BROWN RICE,CARROTS & PEAS. CANTALOUPE , WHEAT BREAD AND MILK	CHEEZ-IT SNACK CRACKERS BANANAS
Tuesday, July 3	WH-WHEAT TOAST WITH CHEESE FRESH SLICED PEACHES AND MILK	HAMBURGER MACARONI & CHEESE GREEN PEAS , WH-WHEAT BREAD , PINEAPPLE TIDBITS AND MILK	MOZZARELLA CHEESE STICKS CANTALOUPE
Wednesday, July 4	<b>CLOSED</b>	<b>CLOSED</b>	<b>CLOSED</b>
Thursday, July 5	WHOLE GRAIN BLUEBERRY WAFFLE STICKS STRAWBERRY PUREE FRESH SLICED ORANGES AND MILK	HAM & CHEESE ON WHOLE WHEAT BREAD SWEET CORN , CANTALOUPE AND MILK	GOLDFISH PRETZELS HONEYDEW
Friday, July 6	HOMEMADE WHEAT PANCAKES W/ HOMEMADE FRUIT TOPPING SLICED APPLE AND MILK	CHEESE PIZZA ON WHOLE -WHEAT CRUST GREEN BEANS , FRESH ORANGE SLICES AND MILK	WHOLE GRAIN GRAHAM CRACKERS FRESH ORANGE SLICES
Monday, July 9	WH-WHEAT CINNAMON RAISIN BAGELS PINEAPPLE TIDBITS AND MILK	ALL WHITE MEAT CHICKEN NUGGETS PEAS & CARROTS , WHOLE WHEAT ROLLS APPLE AND MILK	WHOLE GRAIN STRAWBERRY YOGURT FILLED CHEX SNACK MIX CANTALOUPE
Tuesday, July 10	WH-WHEAT BAGELS W/BLUEBERRY SPREAD DICED PEACHES AND MILK	TURKEY SANDWICHES ON WHEAT BREAD FIELD PEAS, PINEAPPLE-TIDBITS AND MILK	CINNAMON MINI RICE CAKES W/APPLE BUTTER FRESH ORANGE SLICES
Wednesday, July 11	WHOLE GRAIN CHEERIOS CEREAL BANANAS AND MILK	BAKED BEANS W/ DICED TURKEY HOT DOGS SWEET CORN , WHOLE WHEAT BREAD, BANANAS AND MILK	GOLDFISH CHEESE CRACKERS BANANAS
Thursday, July 12	HASHBROWNS W/ TURKEY SAUSAGE FRESH ORANGE SLICES WH-WHEAT BREAD AND MILK	HOMEMADE TUNA SALAD , WHEAT CRACKERS, CUCUMBER SLICES W/ RANCH DRESSING , PINEAPPLE AND MILK	WHOLE GRAIN CLUB CRACKERS W/CHEESE DIP FRESH HONEYDEW
Friday, July 13	WH-WHEAT CINNAMON FRENCH TOAST W/ STRAWBERRY PUREE CANTALOUPE AND MILK	TACOS W/ GROUND CHICKEN , LETTUCE, CHEESE, TOMATOES ,TACO SAUCE, WHOLE CORN ,TORTILLA SCOOPS , APPLES AND MILK	WHOLE GRAIN PLAIN CHEX SNACK MIX APPLES
Monday, July 16	WHOLE GRAIN CINNAMON TOAST CEREAL DICED PEARS AND MILK	BAKED FISH STICKS , BAKED BEANS , HUSH PUPPIES , MANDARIN ORANGES AND MILK	WHOLE GRAIN CHEX CHEDDAR SNACK MIX FRESH ORANGE SLICES
Tuesday, July 17	FRESH HOT BAKED DOUGHNUTS W/CINNAMON ,FRESH SLICED ORANGES AND MILK	SHEPARD PIE W/MIXED VEGGIES& MASHED POTATOES , WH-WHEAT ROLLS, BANANAS, AND MILK	WHOLE GRAIN CHEESE FILLED CRACKERS CANTALOUPE
Wednesday, July 18	WH-WHEAT BISCUITS W/ BLUEBERRY CREAM CHEESE SPREAD BANANAS AND MILK	CHICKEN PASTA SALAD W/ WH-WHEAT GRAIN NOODLES, TOMATOES, ROASTED ZUCCHINI WH-WHEAT-CLUB CRACKERS ,FRESH HONEYDEW , AND MILK	WHOLE GRAIN CHEX CHEDDAR SNACK MIX RAISINS
Thursday, July 19	WH-WHEAT BLUEBERRY BAGELS W/ BLUEBERRY SPREAD , FRESH HONEYDEW AND MILK	GRILLED CHEESE ON WH-WH-BREAD ROASTED VEGGIE STICKS , PINEAPPLE TIDBITS AND MILK	FRESHLY MADE SPINACH DIP W/ SPINACH CLUB CRACKERS APPLES
Friday, July 20	WH-WHEAT ENGLISH MUFFINS W/ HAM & CHEESE , MIXED FRUIT AND MILK	HAMBURGERS W/ WH-WHEAT BUNS BAKED FRENCH FRIES, PICKLES, FRESH ORANGE SLICES AND MILK	BAKED GREEN BEAN STICKS W/ RANCH DIP BANANAS
Monday, July 23	WHOLE GRAIN RICE CHEX CEREAL FRESHLY SLICED APPLES AND MILK	HOMEMADE SLOPPY JOE, ON WH-WHEAT BUNS, BAKED BEANS, BANANAS AND MILK	CHEDDAR CHEESE CUBES APPLE SLICES
Tuesday, July 24	BUTTERED GRITS , WHEAT TOAST, BANANAS AND MILK	BAR-B QUE- CHICKEN SANDWICHES ON WH- WHEAT BUNS, GREEN BEANS, SWEET PICKLES, CANTALOUPE , MILK	WHOLE GRAIN GRAHAM CRACKERS FRESH HONEYDEW
Wednesday, July 25	WHOLE GRAIN CEREAL, DICED PINEAPPLE AND MILK	VEGGIE & MEAT TRAY W//HAM,TURKEY MARINATED MIXED FRESH VEGETABLES, WHEAT CRACKERS , FRESHLY SLICED HONEYDEW AND MILK	WHOLE WHEAT BAKED VEGGIE STICKS CANTALOUPE
Thursday, July 26	MIXED BERRY BREAD LOAF W/ FRESH BERRIES , SLICED HONEYDEW AND MILK	BAKED COD, FRESH SQUASH RIBBONS, HUSH PUPPIES ,CANTALOUPE AND MILK	WHOLE GRAIN CHOW MEIN NOODLES PINEAPPLE TIDBITS
Friday, July 27	PLAIN WH-WHEAT CINNAMON ROLLS BANANAS AND MILK	TURKEY HOT DOGS ON WHOLE WHEAT BUNS, TATER TOTS, SLICED APPLES, AND MILK	WHOLE GRAIN PLAIN CHEX SNACK MIX FRESH ORANGE SLICES
Monday, July 30	WHOLE GRAIN SPECIAL K-CEREAL APPLESAUCE AND MILK	GRILLED CHICKEN BREAST W/ GRAVY , MASHED POTATOES ,GREEN PEAS, WH-WHEAT BREAD STICKS, FRESH HONEYDEW AND MILK	CORN TORTILLA CHIPS W/ GARDEN SALSA BANANAS
Tuesday, July 31	TURKEY SAUSAGE LINKS W WH-WHEAT BISCUITS FRESH ORANGE SLICES AND MILK	WH-WHEAT SPAGHETTI W/GROUND TURKEY MEAT SAUCE, GREEN PEAS, GARLIC BREAD PEACHES AND MILK	GOLDFISH PRETZELS FRESH HONEYDEW

**Water is given throughout the day. Snacks are provided in the afternoon. Menus may vary depending on availability of food and are subject to change. Menus are modified to accommodate children with special diets.**