

SANDHILL CHILDREN'S CENTER-SOUTHERN PINES CAMPUS JANUARY 2018 MENU

	BREAKFAST	LUNCH	SNACK
MONDAY, JANUARY 1	SCHOOL CLOSED		
TUESDAY, JANUARY 2	Whole Wheat Biscuits w/ Blueberry Cream Cheese Spread, Fresh Orange Slices Milk	Homemade Chicken Noodle Soup w/ Celery, Carrots, and Green Beans, Whole Wheat Crackers, Diced Peaches, Milk	Goldfish Pretzels Diced Peaches
WEDNESDAY, JANUARY 3	Whole Grain Cheerio Cereal Sliced Peaches Milk	Three Bean Turkey Chili w/ Carrots Whole Wheat Crackers, Fresh Sliced Apples, Milk	Whole Wheat Crackers String Cheese Fresh Sliced Oranges
THURSDAY, JANUARY 4	Whole Wheat Cinnamon Raisin Bagels, Bananas Milk	Turkey Sandwiches on Whole Wheat Bread, Cream of Chicken and Potato Soup, Diced Peaches, Milk	Cheez it Snack Crackers Bananas
FRIDAY, JANUARY 5	Whole Wheat Cinnamon Raisin Bagels, Fresh Sliced Oranges Milk	Tacos w/ Ground Chicken, Lettuce, Tomatoes, Cheese, Sour Cream, Whole Grain Tortilla Scoops, Pineapple Tidbits, Milk	Ritz Crackers Diced Pears
MONDAY, JANUARY 8	Homemade Whole Wheat Pancakes w/ Homemade Fruit Topping, Pineapples, Milk	All White Meat Chicken Nuggets Baked Beans, Diced Peaches, Whole Wheat Bread, Milk	Goldfish Cheese Crackers Fresh Sliced Apples
TUESDAY, JANUARY 9	Cheese Grits, Whole Wheat Bread Applesauce Milk	Vegetable Beef Soup w/ Carrots, Potatoes, Tomatoes, Whole Wheat Crackers, Bananas, Milk	Whole Grain Club Crackers w/ Cheese Dip Fresh Sliced Oranges
WEDNESDAY, JANUARY 10	Whole Wheat Blueberry Bagels w/ Blueberry Spread, Pineapples Milk	BBQ Chicken Sandwiches on Whole Wheat Buns, Black eyed Peas, Fresh Sliced Apples, Sweet Pickles, Milk	Whole Grain Parmesan Bread Sticks w/ Pizza Sauce Pineapple Tidbits
THURSDAY, JANUARY 11	Turkey Sausage Links Whole Wheat Biscuit, Fresh Orange Slices, Milk	Whole Wheat Spaghetti Noodles w/ Ground Turkey Meat Sauce, Green Peas, Pineapple Tidbits, Garlic Bread, Milk	Rice Chex Cereal Snack Mix Raisins
FRIDAY, JANUARY 12	Whole Wheat Blueberry Waffles w/ Blueberry Spread, Diced Pears Milk	Cheeseburger Pizza on Whole Wheat Crust, Green Beans, Fresh Sliced Oranges, Milk	Carrot and Cucumber Slices w/ Ranch Dressing Ritz Crackers
MONDAY, JANUARY 15	SCHOOL CLOSED		
TUESDAY, JANUARY 16	Whole Grain Rice Chex Cereal Fresh Sliced Oranges Milk	Grilled Cheese on Whole Wheat Bread, Cream of Chicken Soup w/ Green Beans, Bananas, Milk	Whole Grain Cheddar Chex Snack Mix Fresh Sliced Oranges
WEDNESDAY, JANUARY 17	Whole Wheat Waffles w/ Blueberry Spread, Diced Pears Milk	Creamy Bacon, Potato, and Corn Soup, Whole Wheat Crackers, Mandarin Oranges, Milk	Whole Grain Oyster Crackers Mandarin Oranges
THURSDAY, JANUARY 18	Whole Grain Rice Chex Cereal Diced Peaches Milk	Whole Wheat Ravioli w/ Ground Turkey Meat Sauce, Green Beans, Diced Peaches, Garlic Bread, Milk	Whole Corn Tortilla Chips w/ Homemade Veggie Ranch Dip Diced Peaches
FRIDAY, JANUARY 19	Plain Whole Wheat Cinnamon Rolls w/ Raspberry Cream Cheese Spread, Fresh Sliced Apples Milk	Hamburgers on Whole Wheat Buns Baked French Fries, Pickles, Fresh Orange Slices, Milk	Whole Grain Chex Snack Mix Raisins
MONDAY, JANUARY 22	Whole Grain Corn Kix Cereal Diced Peaches Milk	Fish Sticks Baked Beans, Hush Puppies, Mandarin Oranges, Milk	Whole Grain Strawberry Yogurt Filled Chex Snack Mix Diced Peaches
TUESDAY, JANUARY 23	Cheese Toast on Whole Wheat Bread, Applesauce Milk	Turkey Hot Dogs on Whole Wheat Buns, Tater Tots, Pickles, Diced Pears, Milk	Whole Wheat Baked Veggie Sticks Applesauce
WEDNESDAY, JANUARY 24	Turkey Sausage Links, Whole Wheat Biscuit, Fresh Orange Slices Milk	Chicken, Carrots, and Wild Rice Soup, Whole Wheat Crackers, Pineapple Tidbits, Milk	Whole Wheat Toasted Baguettes w/ Marinara Sauce Fresh Sliced Apples
THURSDAY, JANUARY 25	Whole Wheat French Toast Sticks w/ Apple Butter, Pineapple Tidbits Milk	Turkey and Cheese Sandwiches on Whole Wheat Bread, Cream of Chicken and Potato Soup, Diced Peaches, Milk	Town House Crackers Carrots Sticks w/ French Dressing
FRIDAY, JANUARY 26	Special K Cereal Fresh Sliced Apples Milk	Cheese Pizza on Whole Wheat Crust, Green Beans, Fresh Sliced Apples, Milk	Whole Grain Chow Mein Noodles Pineapple Tidbits
MONDAY, JANUARY 29	Whole Wheat Cinnamon Swirl French Toast w/ Strawberry Puree, Applesauce, Milk	Homemade Sloppy Joe Sandwiches on Whole Wheat Buns, Baked Bean, Sliced Pears, Milk	Whole Grain Cheddar Chex Snack Mix Fresh Sliced Oranges
TUESDAY, JANUARY 30	Whole Wheat English Muffins w/ Ham and Cheese, Diced Peaches Milk	Baked Mac and Cheese, Ham, and Broccoli Casserole, Diced Pears, Whole Wheat Bread, Milk	Baked Green Bean Sticks w/ Ranch Dip Whole Wheat Crackers
WEDNESDAY, JANUARY 31	Plain Whole Wheat Cinnamon Rolls w/ Raspberry Cream Cheese Spread, Pineapple Tidbits, Milk	Chicken, Broccoli, Rice Casserole, Diced Peaches, Whole Wheat Bread, Milk	Whole Wheat Thin Crackers w/ White Bean Hummus Diced Peaches

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