

SANDHILL CHILDREN'S CENTER-ROCKINGHAM CAMPUS SEPTEMBER 2017 MENU

	BREAKFAST	LUNCH	SNACK
FRIDAY, SEPTEMBER 1	CHEESE TOAST ON WHOLE WHEAT BREAD, BANANAS, MILK	FISH PATTIES, TATER TOTS, BANANAS, WHOLE WHEAT BREAD, MILK	STRING CHEESE, RITZ CRACKERS, WATER
MONDAY, SEPTEMBER 4	CLOSED	CLOSED	CLOSED
TUESDAY, SEPTEMBER 5	HONEY NUT CHEERIOS, MIXED FRUIT, MILK	MINI CORN DOGS, LIMA BEANS, MIXED FRUIT, WHOLE WHEAT BREAD, MILK	WHOLE GRAIN CHEESE GOLD FISH, 100% GRAPE JUICE
WEDNESDAY, SEPTEMBER 6	BLUEBEERY BAGEL/CREAM CHEESE, CANTALOUPE, MILK	TACO SOUP /CORN, PINTO BEANS, GROUND TURKEY, CANTALOUPE, TORTILLA CHIPS, MILK	MINI BLUEBERRY MUFFINS, APPLESAUCE, WATER
THURSDAY, SEPTEMBER 7	SCRAMBLE EGG PATTIES/WHOLE WHEAT BREAD, PINEAPPLES, MILK	BARBEQUE GRILLED CHICKEN BREAST, PASTA SALAD/ MIXED VEG., DREID PINEAPPLES, RITZ CRACKERS, MILK	PLAIN CHEERIOS, SLICE PEACHES, WATER
FRIDAY, SEPTEMBER 8	PLAIN WHOLE WHEAT CINNAMON ROLLS, SLICE PEARS, MILK	CHEESE PIZZA ON WHEAT CRUST, GREEN BEANS, SLICE PEARS, MILK	CUCUMBERS, GOLDFISH PRETZELS WATER
MONDAY, SEPTEMBER 11	WHOLE WHEAT BISCUIT/ APPLE BUTTER, SLICE ORANGES, MILK	CHICKEN PATTIES, YAM, SLICE ORANGES, WHOLE WHEAT BREAD, MILK	WHEAT CRACKERS, PEANUTBUTTER CUP, WATER
TUESDAY, SEPTEMBER 12	TURKEY SAUSAGE, WHOLE WHEAT BREAD, APPLE SAUCE, MILK	SLICE TURKEY/CHEESE WRAP, MIXED VEG. SOUP, APPLE SAUCE, MILK	1 PACK RITZ –BITS CHEESE CRACKERS, SLICE PEARS, WATER
WEDNESDAY, SEPTEMBER 13	BLUEBERRY MUFFINS, MANDARIN ORANGES, MILK	CHICKEN/RICE, GREEN PEAS/CORN, MANDARIN ORANGES, WHOLE WHEAT BREAD, MILK	WHEAT CHEX MIX, DRIED CRANBERRIES, WATER
THURSDAY, SEPTEMBER 14	HONEY KIX CEREAL, SLICE APPLES, MILK	MINI HAMBURGERS ON WHOLE WHEAT BUN, GREEN BEANS, SLICE APPLES, MILK	TOPRILLA CHIPS, FLAVORED HUMAS, WATER
FRIDAY, SEPTEMBER 15	WHOLE WHEAT WAFFLES/STRAWBERRY JAM, PINEAPPLES, MILK	TURKEY HOT DOGS, BAKED BEANS, DICED PINEAPPLES, WHOLE WHEAT BREAD, MILK	1 PACK OF FOUR CHEESE CRACKERS, 1 PACK OF SLICE APPLES, WATER
MONDAY, SEPTEMBER 18	WHOLE WHEAT CINNAMON RAISIN TOAST/ STRAWBERRY JAM, SLICE APPLES, MILK	SLICE TURKEY & CHEESE, ON WHOLE WHEAT BREAD, OVEN BAKED FRIES, SLICE APPLES, MILK	WHOLE WHEAT GOLDFISH PRETZELS, SLICED PEACHES, WATER
TUESDAY, SEPTEMBER 19	GRITS/CHEESE, SLICE PEACHES, MILK	BEEF VEG. SOUP/GROUND TURKEY, SLICE PEACHES, RITZ CRACKERS, MILK	BABY CARROTS/ RANCH DRESSING, RITZ CRACKERS, WATER
WEDNESDAY, SEPTEMBER 20	RAISIN BRAN CEREAL, SLICE ORANGES MILK	CHICKEN/ DUMPLING, PEAS-CARROTS, SLICE ORANGES WHOLE WHEAT BREAD, MILK	FROZEN TROPICAL FRUIT MIX, PEANUT BUTTER CRACKERS, WATER
THURSDAY, SEPTEMBER 21	WHOLE WHEAT RAISIN TOAST/ GRAPE JAM, SLICE PEACHES, MILK	TUNA FISH SANDWICHES ON WHOLE WHEAT DINNER ROLLS, FRENCH CARROTS, SLICE PEACHES, MILK	GRANOLA, FLAVORED YOGURT, WATER
FRIDAY, SEPTEMBER 22	BLUEBERRY MUFFINS, CANTALOUPE, MILK	CHICKEN NUGGETS, LIMA BEANS, CANTALOUPE, WHOLE WHEAT BREAD, MILK	CHEDDAR CHEX MIX, RAISINS, WATER
MONDAY, SEPTEMBER 25	RICE CRISPY CEREAL, SLICE PEARS, MILK	CHICKEN ALFREDO W/, WHOLE WHEAT NOODLES, FIELD PEAS, SLICE PEARS, WHOLE WHEAT BREAD, MILK	CHEEZ-IT CRACKERS, SLICED ORANGES, WATER
TUESDAY, SEPTEMBER 26	WHOLE WHEAT WAFFLES/ GRAPE JAM MIXED FRUIT, MILK	PEPERONI CHEESE PIZZA ON WHOLE WHEAT CRUST, GREEN PEAS, MIXED FRUIT MILK	SLICE CHEESE, RITZ CRACKERS, WATER
WEDNESDAY, SEPTEMBER 27	SCAMBLE EGG PATTIES, SLICE ORANGES WHOLE WHEAT BREAD, MILK	MEATBALLS/ROASTED GRAVY, CREAM POTATOES, SLICE ORANGES, WHOLE WHEAT BREAD, MILK	SUN VEGETABLES CHIPS, SLICE TURKEY, WATER
THURSDAY, SEPTEMBER 28	CHEESE TOAST ON WHOLE WHEAT BREAD, SLICE PEACHES, MILK	CHICKEN TENDERS, GREEN, BEANS, SLICE PEACHES, WHOLE WHEAT BREAD, MILK	WHOLE GRAIN CHEESE GOLDFISH, FROZEN STRAWBERRIES, WATER
FRIDAY, SEPTEMBER 29	PLAIN CORN FLAKES, BANANAS, MILK	MINI CORN DOGS, DICED PEAS-CARROTS, BANANAS, WHOLE WHEAT BREAD, MILK	CELERY STICKS, PEANUT BUTTER CUP, WATER

Water is given throughout the day. Snacks are provided in the afternoon. Menus may vary depending on availability of food and are subject to be changed. Menus are modified to accommodate children with special needs.