

SANDHILL CHILDREN'S CENTER-ROCKINGHAM CAMPUS AUGUST 2017 MENU

	BREAKFAST	LUNCH	SNACK
Tuesday , August 1	Whole Grain Cheerios, Sliced Peaches, Milk	Cheese Pizza, corn, sliced peaches, milk	Wheat crackers, sliced cheese, water
Wednesday, August 2	Cinnamon Raisin Toast w/Grape Jam, sliced apples , milk	Soft Shell Tacos w/ ground Turkey, green peas, sliced apples, milk	Cheez-it crackers, dried cranberries water
Thursday, August 3	Scramble Egg Patties, Whole Wheat bread, pineapples, milk	Chicken w/dumplings, green beans, Pineapples, whole wheat bread, milk	Pimento cheese, saltine crackers, water
Friday, August 4	Grits w/Cheese, sliced cantaloupe, milk	Chicken patties, Yams ,sliced cantaloupe, whole wheat bread, milk	Corn tortilla chips, sliced apples, water
Monday, August 7	Honey Kix Cereal, mixed fruit, milk	Vegetable Soup w/ground turkey, cheese toast on whole wheat bread, mixed fruit, milk	Peanut butter sandwich crackers, tropical mixed fruit, water
Tuesday, August 8	Cheese Toast on Whole Wheat bread, sliced Peaches, milk	Whole wheat mac-n-cheese w/ diced turkey, peas and carrots, sliced peaches, whole wheat bread, milk	Sun chips 100% whole grain, raisins, water
Wednesday, August 9	Blueberry muffins, sliced oranges, milk	Grilled chicken breast patties, garden salad w/ ranch dressing, sliced oranges, whole wheat crackers, milk	Strawberry Chex mix snack, strawberry yogurt, water
Thursday, August 10	Turkey Sausage, Wheat bread, applesauce, milk	Tuna Casserole, lima beans, apple sauce, whole wheat bread, milk	Whole grain oyster crackers, sliced oranges, water
Friday, August 11	Raisin bran cereal, Bananas, milk	Turkey Hot dogs, Baked beans, Bananas, Whole Wheat bread, milk	Cheese goldfish, sliced turkey, water
Monday, August 14	Whole Wheat Raisin Bread w/ Grape Jam, sliced oranges, milk	Fish Patties, Mexican corn, sliced oranges, whole wheat bread, milk	Rice Chex mix snack, sliced apples, water
Tuesday, August 15	Blueberry Bagels w/ cream cheese , mixed fruit, milk	Mini hamburgers w /cheese on a whole wheat bun, green beans, mixed fruit, milk	Goldfish Pretzels, celery sticks, water
Wednesday, August 16	Corn Flakes, Diced Pineapples, milk	Beef stew w/ mixed vegetables, brown rice, diced pineapples, corn bread, milk	Sliced turkey, Ritz crackers, water
Thursday , August 17	Plain Whole Wheat Cinnamon Rolls, sliced pears, milk	Diced chicken/ whole wheat noodles, field peas, slice pears, whole wheat bread, milk	Cheese crackers sandwiches, strawberries, water
Friday, August 18	Whole grain blueberry waffles, sliced apples, milk	Turkey and cheese whole wheat wrap, sliced carrots, sliced apples, milk	Whole wheat baked veggie sticks, 100% apple juice
Monday, August 21	Wheat Biscuits w/Apple Butter, sliced peaches, milk	Meatloaf w/gravy, cream potatoes, sliced peaches, whole wheat bread, milk	Cheez-it crackers, apple sauce, water
Tuesday, August 22	Cheese Toast on Whole Wheat bread, sliced oranges, milk	BBQ meatballs, Vegetable Pasta Salad, sliced oranges ,Ritz crackers, milk	Carrots w/ ranch dressing, Ritz crackers, water
Wednesday, August 23	Rice Chex Cereal, Sliced Pears, milk	Mini corn dogs, Mexican corn, sliced pears, whole wheat bread, milk	Whole grain chow mein noodles, sliced cucumbers, water
Thursday, August 24	closed	closed	closed
Friday, , August 25	closed	closed	closed
Monday , August 28	Rice Krispy Cereal, mixed Fruit, milk	Chicken nuggets, green beans, mixed fruit, whole wheat bread, milk	Peanut butter cups, sliced apples, water
Tuesday, August 29	Turkey Sausage, Whole Wheat Bread, sliced pears, milk	Cheese Pizza, peas and carrots, sliced pears, milk	Sliced cheese, saltine crackers, water
Wednesday, August 30	Whole Wheat English Muffins w/ Grape Jam, slice apples, milk	Spaghetti w/ground turkey, corn, sliced apples, garlic bread, milk	Ritz-bit cheese crackers, raisins, water
Thursday, August 31	Whole Grain cheerios, sliced peaches, milk	Chicken and rice, field peas, sliced peaches, whole wheat bread, milk	Cheddar chex mix snack, 100% apple juice

Water is given throughout the day. Menus may vary depending on availability of food and are subject to be changed.

SANDHILL CHILDREN'S CENTER-ROCKINGHAM CAMPUS AUGUST 2017 MENU

Water is given throughout the day. Menus may vary depending on availability of food and are subject to be changed.