

Sandhills Children`s Center-Rockingham Campus June 2017 Menu

	Breakfast	Lunch	Snack
Thursday, June 1	Whole Wheat Cinnamon Bagels, Diced Pineapples, Milk	Turkey Hot Dogs, Baked Beans, Diced Pineapples, Wheat Bread, Milk	Sliced Cheese, Whole Wheat Ritz Crackers, Water
Friday, June 2	Whole Grain Cheerios, Bananas, Milk	Sliced Turkey /Cheese Sandwiches on Wheat Bread, Green Beans, Bananas, Milk	Rice Chex Mix Snack, Raisins, Water
Monday , June 5	Plain Whole Wheat Cinnamon Rolls, Sliced apples, Milk	Homemade Sloppy Joe Sandwiches On Wheat Bread, Green Peas, Sliced Apples, Milk	Sliced Cucumbers, Whole Grain Goldfish, Water
Tuesday , June 6	Whole Grain Blueberry Waffle Sticks, Fresh Sliced Oranges ,Milk	Fish Patties, Fresh Peas, Fresh Sliced Oranges ,Hush Puppies, Milk	Strawberry Yogurt, Chex Snack Mix, Water
Wednesday, June 7	Honey Kix Cereal, Cantaloupe, Milk	Grilled Cheese on Wheat Bread, Mixed Vegetables, Cantaloupe, Milk	Corn Tortilla Chips, Flavored Hummus, Water
Thursday, June 8	Turkey Sausage Patties, Whole Wheat Bread, Sliced Pears, Milk	Mini Hamburgers on Wheat Bun, Sliced Carrots, Sliced Pears, Milk	Cheese Cracker Sandwiches, Celery Sticks, Water
Friday, June 9	Whole Wheat Cinnamon Bread/Strawberry Jam, Mixed Fruit , Milk	Mini Corn Dogs, Lima Beans, Mixed Fruit, Wheat Bread, Milk	Cheez-it Whole Wheat Crackers, Apple Sauce, Water
Monday, June 12	Closed	Closed	Closed
Tuesday, June 13	Rice Crispy Cereal, Diced Peaches, Milk	Chicken Nuggets, Peas/Carrot, Diced Peaches, Wheat Bread, Milk	Whole Grain Cheese Gold fish, Sliced Oranges , Water
Wednesday, June 14	Whole Wheat English Muffins/ Grape Jam, Mixed Fruit, Milk	Spaghetti/Wheat Noodles, Ground Turkey, Corn, Mixed Fruit, Garlic Bread, Milk	Sliced Turkey, Wheat Crackers, Water
Thursday, June 15	Buttered Grits, Whole Wheat Bread, Sliced Apples, Milk	Wheat Crust Cheese Pizza, Green Beans, Sliced Apples ,Milk	Whole Grain Oyster Crackers, Tropical Mixed Fruit, Water
Friday, June 16	Whole Wheat Cinnamon French Toast, Bananas, Milk	BBQ Chicken Sandwich on Whole Wheat Bun, Tater Tots, Bananas, Milk	Ritz Bits Cheese Crackers, Dried Cranberries, Water
Monday, June 19	Raisin Bran Cereal, Mixed Fruit, Milk	Beef Stew/ Mixed Vegetables, Whole Grain Rice, Mixed Fruit, Mini Corn Bread, Milk	Peanut Butter Sandwich Crackers, 100% Apple Juice
Tuesday, June 20	Scrambled Egg Patties, Wheat Bread, Sliced Apples, Milk	Tuna Salad Sandwiches on Wheat Buns, Green Peas /Corn, Sliced Apples , Milk	Pimento Cheese, Saltine Crackers, Water
Wednesday, June 21	Whole Wheat Cheese Toast, Sliced Peaches, Milk	Chicken Patties, Yams, Sliced Peaches, Wheat Bread, Milk	Whole Wheat Gold Fish, pretzels, Raisins, Water
Thursday, June 22	Honey Kix Cereal , Cantaloupe, Milk	Taco Soup Ground Turkey/Pinto Beans, Corn, Tortilla Chips, Cantaloupe, Milk	Whole Wheat Cheez- It Crackers, Strawberries, Water
Friday, June 23	Whole Wheat Biscuits/Apple Butter Slice Pears, Milk	Wheat Mac /Cheese, Diced Turkey, Green Peas, Wheat Bread, Milk	Peanut Butter Cups, Celery Sticks, Water
Monday, June 26	Hash Brown, Whole Wheat Bread, Slice Oranges, Milk	Chicken / Rice, Field Peas, Sliced Oranges, Wheat Bread , Milk	Wheat Chex Mix, Dried Cranberries, Water
Tuesday, June 27	Rice Chex Cereal, Mixed Fruit, Milk	Slice Turkey/Cheese Sandwiches, Mixed Vegetables Soup, Mixed Fruit, Milk	Slice Cheese, Whole Wheat Dinner Crackers, Water
Wednesday , June 28	Whole Wheat Raisin Bread/ Grape Jam Slice Apples, Milk	Chicken/Dumplings, Green Beans, Sliced Apples, Wheat Bread, Milk	Whole Grain Chow Mein Noodles, Sliced Peaches, Water
Thursday, June 29	Wheat Bread Toast/ Peanut Butter, Pineapple, Milk	Turkey Hot Dogs, Baked Fries, Diced Pineapples, Wheat Bread, Milk	Whole grain Gold Fish, Bananas, Water
Friday, June 30	Whole Grain Cheerios, Bananas, Milk	Chicken Tenders ,Diced Carrots,/Peas, Bananas, Wheat Bread, Milk	Sliced Turkey, Wheat Ritz Crackers, Water