Child Menu
Sandhills Childrens Center
Feb-2024
Month and Year:

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Date: | Feb 5, 2024 | Feb 6, 2024 | Feb 7, 2024 | Feb 8, 2024 |
|  | Whole Milk/1\% | Whole Milk/1\% | Whole Milk/1\% | Whole Milk/1\% | Whole Milk/1\%

${ }^{1}$ Fluid Milk: 1 year old: Unflavored whole milk; 2-5 years old: Unflavored fat-free (skim) or unflavored low-fat (1\%) milk; 6 years and older: Unflavored fat-free (skim) or unflavored low-fat (1\%) milk, flavored fat-free (skim) or low-fat (1\%) milk. Breastmilk may substitute for cow's milk at any age. Non-dairy beverages may be served with appropriate documentation.
${ }^{2}$ Juice, if served, is pasteurized full-strength (100\%) juice.
${ }^{3}$ WG, WW, and WGR indicate whole grain-rich foods.

CACFP Child Weekly 5-Day Menu Planning (revised 10/2021)
This institution is an equal opportunity provider.

## Child Menu

To start, enter your Institution Name and Agreement Number. Then enter the week's Month and Year. Then enter a Monday start date You can start your menu item entries on any day of the wee

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|  |  | Month and Year: | Feb-2024 |  | CACFP |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Date: | Feb 12, 2024 | Feb 13, 2024 | Feb 14, 2024 | Feb 15, 2024 | Feb 16, 2024 |
|  | Whole Milk/1\% | Whole Milk/1\% | Whole Milk/1\% | Whole Milk/1\% | Whole Milk 1 \% |
|  | Pear | Apple | Banana | Orange | Grapefruit |
|  | Kix Cereal | French Toast Sticks | Cinnamon Toast Crunch Reduced Sugar | WW Toast | Biscuit |
|  |  |  |  | Cheese | Egg |
| $\begin{aligned} & \stackrel{\rightharpoonup}{\circ} \\ & \stackrel{⿺}{\bar{n}} \\ & \stackrel{\rightharpoonup}{5} \\ & \stackrel{y}{3} \end{aligned}$ | Whole Milk/1\% | Whole Milk/1\% | Whole Milk/1\% | Whole Milk/1\% | Whole Milk/1\% |
|  | Lima Beans | Peas \& Carrots | Mashed Potatoes | Great Northern Beans | Corn on the Cob |
|  | Mandarin Oranges | Pineapple Tidbits | Sliced Peaches | Pear Slices | Strawberries |
|  | WG Roll | Egg Noodles | WG Slider Bun | WG Macaroni \& Cheese | WW Bread |
|  | Beef Ravioli, Cheese Stick | Beef Stew | Hamburger | Porkchop | Ham \& Turkey |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  | Honeydew | Mixed Fruit Pineapple, Pears, Peaches | Cantaloupe | Applesauce | Banana |
|  | $\begin{aligned} & \text { WG Cheddar } \\ & \text { Goldfish } \end{aligned}$ | Wheat Wafer Snack Crackers | $\underset{\substack{\text { WG Scooby Doo } \\ \text { Cinnamon Graham Crackers }}}{ }$ | WG Plain Chex Snack Mix | WG Cheeze-lt Crackers |
|  |  |  |  |  |  |

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