

Child Menu

Instructions:

To start, enter your Institution Name and Agreement Number. Then enter the week's Month and Year. Then enter a Monday start date. You can start your menu item entries on any day of the week.

CACFP Agreement Number



Institution Name: _____

Month and Year: _____

Date:		Monday	Tuesday	Wednesday	Thursday	Friday
Food Group	Breakfast	Fluid Milk ¹				
		Vegetable /Fruit ²				
		Grains ³				
		Meat/MeatAlternates (Optional substitute for grains ≤3x/week)				
		Fluid Milk ¹				
Lunch / Supper		Vegetable ²				
		Vegetable /Fruit ²				
		Grains ³				
		Meat/ Meat Alternates				
		Fluid Milk ¹				
Snack	Choose Two Food Groups for Snack	Fluid Milk ¹				
		Vegetable ²				
		Fruit ²				
		Grains ³				
		Meat/ Meat Alternates				
		a.m.				
		p.m.				

¹**Fluid Milk: 1 year old:** Unflavored whole milk; **2-5 years old:** Unflavored fat-free (skim) or unflavored low-fat (1%) milk; **6 years and older:** Unflavored fat-free (skim) or unflavored low-fat (1%) milk, flavored fat-free (skim) or low-fat (1%) milk. **Breastmilk** may substitute for cow's milk at any age. **Non-dairy beverages** may be served with appropriate documentation.

²**Juice**, if served, is pasteurized full-strength (100%) juice.

³**WG, WW, and WGR** indicate whole grain-rich foods.

This institution is an equal opportunity provider.

Accommodations are made to food consistency (pureed, mashed, ground) when needed for younger children.

Menu subject to change.