## Child Menu

Instructions:
To start, enter your Institution Name and Agreement Number. Then enter the week's Month and Year. Then enter a Monday start date You can start your menu item entries on any day of the wee

Institution Name:
Sandhills Childrens Center
Month and Year: Feb-2024

|  |  | Month and Year: | Feb-2024 |  | CACFP |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Date: | Feb 12, 2024 | Feb 13, 2024 | Feb 14, 2024 | Feb 15, 2024 | Feb 16, 2024 |
|  | Whole Milk/1\% | Whole Milk/1\% | Whole Milk/1\% | Whole Milk/1\% | Whole Milk/1\% |
|  | Pear | Apple | Banana | Orange | Grapefruit |
|  | Kix Cereal | French Toast Sticks | $\begin{gathered} \hline \text { Cinnamon Toast } \\ \text { Crunch Reduced Sugar } \\ \hline \end{gathered}$ | Cheesy Grits | Biscuit |
|  |  |  |  |  | Egg |
|  | Whole Milk/1\% | Whole Milk/1\% | Whole Milk/1\% | Whole Milk/1\% | Whole Milk/1\% |
|  | Lima Beans | Peas \& Carrots | Mashed Potatoes | Great Northern Beans | Corn on the Cob |
|  | Mandarin Oranges | Pineapple Tidbits | Sliced Peaches | Pear Slices | Strawberries |
|  | WG Roll | Egg Noodles | WG Slider Bun | WG Macaroni \& Cheese | WW Bread |
|  | Beef Ravioli, Cheese Stick | Beef Stew | Hamburger | Porkchop | Ham \& Turkey |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  | Honeydew | Mixed Fruit <br> Pineapple, Pears, Peaches | Cantaloupe | Applesauce | Banana |
|  | $\begin{aligned} & \text { WG Cheddar } \\ & \text { Goldfish } \end{aligned}$ | WW Ritz Crackers w/ Cheese Sauce Dip | $\begin{gathered} \text { WG Scooby Doo } \\ \text { Cinnamon Graham Crackers } \end{gathered}$ | WG Plain Chex Snack Mix | WG Cheeze-lt Crackers |
|  |  |  |  |  |  |

${ }^{1}$ Fluid Milk: 1 year old: Unflavored whole milk; 2-5 years old: Unflavored fat-free (skim) or unflavored low-fat (1\%) milk; 6 years and older: Unflavored fat-free (skim) or unflavored low-fat (1\%) milk, flavored fat-free (skim) or low-fat (1\%) milk. Breastmilk may substitute for cow's milk at any age. Non-dairy beverages may be served with appropriate documentation.
${ }^{2}$ Juice, if served, is pasteurized full-strength (100\%) juice.
${ }^{3}$ WG, WW, and WGR indicate whole grain-rich foods.

CACFP Child Weekly 5-Day Menu Planning (revised 10/2021)
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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Date: | Feb 19, 2024 | Feb 20, 2024 | Feb 21, 2024 | Feb 22, 2024 | Feb 23, 2024 |
|  | Whole Milk/1\% | Whole Milk/1\% | CLOSED | Whole Milk/1\% | Whole Milk/1\% |
|  | Apple | Orange |  | Pear | Applesauce |
|  | WG Cheerios | Waffles w/ Syrup |  | Blueberry Muffin | WW English Muffin w/ Cheddar Cheese |
|  | Whole Milk/1\% | Whole Milk/1\% | CLOSED | Whole Milk/1\% | Whole Milk/1\% |
|  | Pinto Beans | Tator Tots |  | Sweet Potato Fries | Vegetable Soup |
|  | $\begin{array}{\|c} \text { Mixed Fruit } \\ \hline \text { Pineapple, Pears, Peaches } \end{array}$ | Sliced Peaches |  | Mandarin Oranges | Banana |
|  | Garlic Wheat Bread | WG Bun |  | WG Roll | on WW Bread |
|  | Lasagna | Chicken Patty |  | Chicken Nuggets | Sunbutter |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  | Cantaloupe | Strawberries | CLOSED | $\begin{gathered} \text { Tropical Fruit } \\ \text { Pineapple, Papaya, Guava } \end{gathered}$ | 100\% Full Strength Apple Juice |
|  | Mini Rice Cakes | WG Graham Crackers |  | WG Blueberry Biscuit Snacks | Animal Crackers, Mixed Berry |
|  |  |  |  |  |  |

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