

Child Menu

Instructions:

To start, enter your Institution Name and Agreement Number. Then enter the week's Month and Year. Then enter a Monday start date. You can start your menu item entries on any day of the week.

CACFP Agreement Number

Institution Name:

Month and Year:



Date:		Monday	Tuesday	Wednesday	Thursday	Friday	
Food Group	Breakfast	Fluid Milk ¹					
		Vegetable /Fruit ²					
		Grains³					
		Meat/MeatAlternates (Optional substitute for grains ≤3x/week)					
Lunch / Supper		Fluid Milk ¹					
		Vegetable ²					
		Vegetable /Fruit ²					
		Grains³					
		Meat/ Meat Alternates					
Choose Two Food Groups for Snack	Snack	a.m.	Fluid Milk ¹				
			Vegetable ²				
		p.m.	Fruit ²				
			Grains³				
			Meat/ Meat Alternates				

¹**Fluid Milk:** **1 year old:** Unflavored whole milk; **2-5 years old:** Unflavored fat-free (skim) or unflavored low-fat (1%) milk; **6 years and older:** Unflavored fat-free (skim) or unflavored low-fat (1%) milk, flavored fat-free (skim) or low-fat (1%) milk. **Breastmilk** may substitute for cow's milk at any age. **Non-dairy beverages** may be served with appropriate documentation.

²**Juice,** if served, is pasteurized full-strength (100%) juice.

³**WG, WW, and WGR** indicate whole grain-rich foods.

This institution is an equal opportunity provider.

Accommodations are made to food consistency (pureed, mashed, ground) when needed for younger children.

Menu subject to change.

Child Menu

Instructions:

To start, enter your Institution Name and Agreement Number. Then enter the week's Month and Year. Then enter a Monday start date. You can start your menu item entries on any day of the week.

CACFP Agreement Number

Institution Name:

Month and Year:



Date:		Monday	Tuesday	Wednesday	Thursday	Friday
Food Group	Breakfast	Fluid Milk ¹				
		Vegetable /Fruit ²				
		Grains ³				
		Meat/MeatAlternates (Optional substitute for grains ≤3x/week)				
Food Group	Lunch / Supper	Fluid Milk ¹				
		Vegetable ²				
		Vegetable /Fruit ²				
		Grains ³				
		Meat/ Meat Alternates				
Choose Two Food Groups for Snack	Snack a.m. p.m.	Fluid Milk ¹				
		Vegetable ²				
		Fruit ²				
		Grains ³				
		Meat/ Meat Alternates				

¹**Fluid Milk:** **1 year old:** Unflavored whole milk; **2-5 years old:** Unflavored fat-free (skim) or unflavored low-fat (1%) milk; **6 years and older:** Unflavored fat-free (skim) or unflavored low-fat (1%) milk, flavored fat-free (skim) or low-fat (1%) milk. **Breastmilk** may substitute for cow's milk at any age. **Non-dairy beverages** may be served with appropriate documentation.

²**Juice,** if served, is pasteurized full-strength (100%) juice.

³**WG, WW, and WGR** indicate whole grain-rich foods.

This institution is an equal opportunity provider.

Accommodations are made to food consistency (pureed, mashed, ground) when needed for younger children.

Menu subject to change.

Child Menu

Instructions:

To start, enter your Institution Name and Agreement Number. Then enter the week's Month and Year. Then enter a Monday start date. You can start your menu item entries on any day of the week.

CACFP Agreement Number

Institution Name:

Month and Year:



Date:		Monday	Tuesday	Wednesday	Thursday	Friday
Food Group	Breakfast	Fluid Milk ¹				
		Vegetable /Fruit ²				
		Grains ³				
		Meat/MeatAlternates (Optional substitute for grains ≤3x/week)				
		Fluid Milk ¹				
Lunch / Supper		Vegetable ²				
		Vegetable /Fruit ²				
		Grains ³				
		Meat/Meat Alternates				
		Fluid Milk ¹				
Snack	Choose Two Food Groups for Snack	Fluid Milk ¹				
		Vegetable ²				
		Fruit ²				
		Grains ³				
		Meat/Meat Alternates				
		a.m.				
		p.m.				

¹**Fluid Milk:** **1 year old:** Unflavored whole milk; **2-5 years old:** Unflavored fat-free (skim) or unflavored low-fat (1%) milk; **6 years and older:** Unflavored fat-free (skim) or unflavored low-fat (1%) milk, flavored fat-free (skim) or low-fat (1%) milk. **Breastmilk** may substitute for cow's milk at any age. **Non-dairy beverages** may be served with appropriate documentation.

²**Juice,** if served, is pasteurized full-strength (100%) juice.

³**WG, WW, and WGR** indicate whole grain-rich foods.

This institution is an equal opportunity provider.

Accommodations are made to food consistency (pureed, mashed, ground) when needed for younger children.

Menu subject to change.